



## Laser Nail Treatment

**Tired of hiding your toes?**

**Restore the appearance of toenails with quick and highly effective laser treatment.**

**See dramatic results in as little as 3 office visits that usually last no more than ten minutes.**

**Ask your doctor how you can get your toes ready for summer!**



## Laser Therapeutic Effects

Laser energy increases circulation bringing oxygen and nutrients to reduce inflammation, swelling, muscle spasms, stiffness, and pain.

Function is restored as the injured area returns to normal.

## Get Back Into Action

**Studies show that laser therapy can help with:**

- Plantar Fasciitis
- Toenail Fungus
- Achilles Tendonitis
- Wart Removal
- Neuromas
- Neuropathy
- Sports Injuries
- Osteoarthritis

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## Talk To Your Doctor About Laser Therapy

Learn about Pain Relief that is

- ✓ Safe & Highly Effective
- ✓ Drug Free
- ✓ Non-surgical

# About Laser Therapy

Laser therapy is the use of specific wavelengths of light to create therapeutic effects. The resulting increase in cellular-level activity translates into improved healing time, pain reduction, increased circulation, and decreased swelling.

Laser therapy offers safe and non-invasive treatment for muscles, nerves, bones, skin, and nails.



## Scientifically Sound?

Laser therapy has been widely used by doctors in Europe and Asia since the 1970's. The FDA first cleared lasers for use in the United States in 2002. Since then, laser therapy continues to grow in use and popularity.

The effectiveness of laser therapy has been demonstrated in hundreds of scientific studies.



*Your doctor has State-of-the-Art Laser Technology to provide you the ultimate treatment!*

### How does a laser therapy treatment feel?

There is very little sensation felt during treatment. Most patients report feeling soothing warmth over the area, and a feeling of relief within the first few minutes of treatment.

### How many treatments are needed?

Typical treatments consist of one session every three to four days, for two to four weeks, depending on the condition. Improvement could be felt after the first treatment, but it usually takes several treatments before results are felt.

### How long is a typical treatment?

A typical treatment is 10 to 20 minutes, but will depend on the size of the treatment area, and the condition being treated.

### What has the research shown?

Injuries heal faster, tissues are strengthened, blood flow improves, lymphatic drainage improves, offers relief to many pain conditions.

### Are there risks or side effects?

Healthcare providers all over the world have used laser therapy for over twenty years and no side effects have been reported. An excellent alternative to oral medications and injections, laser therapy is non-invasive, non-abrasive to tissues, non-addictive, and essentially painless.

### Can it be used with other forms of treatment?

Absolutely! It is often used with other treatment modalities, including massage and physical therapy, to accelerate healing and reduce pain. Wounds, especially in diabetic patients, respond dramatically well to the healing effects of laser therapy.



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